

# Rokkyu

<b>Uchi Waza</b>	<b>Uke Waza</b>	
<p data-bbox="375 478 464 506"><b><u>Strikes</u></b></p> <p data-bbox="293 558 545 856">Jab Cross Straight Punch Hook Punch Roundhouse Punch Uppercut Speed Back Fist Power Back Fist</p> <p data-bbox="386 909 453 936"><b><u>Kicks</u></b></p> <p data-bbox="306 984 532 1205">Low Line Kick Lazy Roundhouse Roundhouse Kick Front Snap Kick Front Thrust Kick Inner Thigh Kick</p>	<p data-bbox="703 478 919 737">Inside Pass Outside Pass High Sweep Pass Wing Pass Triangle Block Low Sweep Pass Shield Block</p> <p data-bbox="753 789 868 816"><b><u>Theories</u></b></p> <p data-bbox="708 869 915 1014">Male Triangle Female Triangle TAPS The Box (hands)</p> <p data-bbox="776 1066 846 1094"><b><u>Drills</u></b></p> <p data-bbox="654 1140 967 1325">Three Hand Pass (L1/L2) One for One (L1) Body Bag (L1/L2) Combination Kick (L1) Leg Replacement (L1)</p>	<p data-bbox="1078 512 1328 539"><b><u>Primary Mission</u></b></p> <p data-bbox="1162 558 1243 585"><b><u>Peace</u></b></p> <ol data-bbox="1068 632 1365 768" style="list-style-type: none"><li>1. Secure Peace whenever possible</li><li>2. Protect the Innocent</li><li>3. Do no Harm</li></ol> <p data-bbox="1081 814 1372 842"><b><u>Secondary Mission</u></b></p> <p data-bbox="1081 905 1372 963">To Seek Knowledge and Wisdom throughout Life</p> <p data-bbox="1110 1016 1295 1043"><b><u>Combinations</u></b></p> <p data-bbox="1073 1094 1333 1392">(Low/High Kicks) (Kick Double Tap) (Punch/Kick) (Directional Combo) (Front Snap Kick/ Roundhouse Kick) (Low Line Kick/ Lazy Roundhouse Kick)</p>