

Rokkyu

Uchi Waza	Uke Waza	
<p data-bbox="375 478 464 506"><u>Strikes</u></p> <p data-bbox="293 556 545 856">Jab Cross Straight Punch Hook Punch Roundhouse Punch Uppercut Speed Back Fist Power Back Fist</p> <p data-bbox="386 907 453 934"><u>Kicks</u></p> <p data-bbox="306 984 532 1205">Low Line Kick Lazy Roundhouse Roundhouse Kick Front Snap Kick Front Thrust Kick Inner Thigh Kick</p>	<p data-bbox="703 478 919 737">Inside Pass Outside Pass High Sweep Pass Wing Pass Triangle Block Low Sweep Pass Shield Block</p> <p data-bbox="753 787 868 814"><u>Theories</u></p> <p data-bbox="708 865 915 1010">Male Triangle Female Triangle TAPS The Box (hands)</p> <p data-bbox="776 1060 846 1087"><u>Drills</u></p> <p data-bbox="654 1138 967 1325">Three Hand Pass (L1/L2) One for One (L1) Body Bag (L1/L2) Combination Kick (L1) Leg Replacement (L1)</p>	<p data-bbox="1078 512 1328 539"><u>Primary Mission</u></p> <p data-bbox="1162 556 1243 583"><u>Peace</u></p> <ol data-bbox="1068 634 1365 764" style="list-style-type: none">1. Secure Peace whenever possible2. Protect the Innocent3. Do no Harm <p data-bbox="1081 814 1372 842"><u>Secondary Mission</u></p> <p data-bbox="1081 900 1373 961">To Seek Knowledge and Wisdom throughout Life</p> <p data-bbox="1110 1012 1295 1039"><u>Combinations</u></p> <p data-bbox="1073 1089 1336 1390">(Low/High Kicks) (Kick Double Tap) (Punch/Kick) (Directional Combo) (Front Snap Kick/ Roundhouse Kick) (Low Line Kick/ Lazy Roundhouse Kick)</p>